Table 1 Bloom's (2003) five step sequential extraction procedure (Ramasamy et al., 2012)

	Fraction of Hg	Chemical Extraction method
Step 1	Watersoluble	1g of sediment was mixed with 25 mL of ultra pure water in a centrifuging tube and shaken for 18 ± 2
		hour in an end-over-end shaker at 30 rpm. Separate the extract from the solid residue by
		centrifugation at 3,000 rpm for 20 min. Centrifuged extracts were then filtered and 1 mL of 0.2 M
		BrCl was added. As a rinse step, the extraction vials containing the sediment residue were refilled
		with 20 mL of the same extractant, shaken vigorously to resuspend the sediment, re-centrifuged and
		filtered. The rinse was then added to the extract from the same sample and the combined sample
		diluted to 100 mL with ultrapure water.
Step 2	Human stomach	To Step 1-residue add 25 mL 0.1 M CH ₃ COOH + 0.01M HCl (pH= 2). Shake for $18 \pm 2h$. Centrifuge
	acid soluble	extract as per Step 1. Again rinse with 20 mL of the same extractant. The detailed operation
		conditions were the same as those of step 1.
Step 3	Organo-chelated	The residue from the Step 2 was added with 25 mL of 1M KOH and centrifuged. Because the
		solution (extract) has high acid neutralizing capacity, 10 mL of 0.2 M BrCl was added. The detailed
		operation conditions were the same as those of step 1.
Step 4	Elemental	The Step 3 residue was extracted with 25 mL of 12 M HNO_3 solution and then rinsed with another
	mercury	20 mL HNO_3 solution. The detailed operation conditions were the same as those of step 1. But no
		filtration step was employed since the solution can destroy the filter paper.
Step 5	Mercuric sulfide	10 mL of conc. HCl was added to the sediment residue remaining in the vial. After swirling the
		sample to dislodge the sediment, 3 mL of conc. HNO_3 was added. Then the vials were loosely
		capped and kept in room temperature for 12 hours. Separate the extract from the solid residue by
		centrifugation at 3,000 rpm for 20 min and the final volume was made up to 50 ml using ultrapure
		water.