

Table 1 Composition of fish muscle determined by standard methods (Adapted from Suvanich et al., 1998)

| Fish type | Fat (%) | Ash (%) | Protein (%) | Moisture (%) |
|-----------|---------|---------|-------------|--------------|
| Catfish | 7.7 | 0.9 | 15.4 | 76.3 |
| Cod | 0.1 | 1.1 | 18.2 | 80.8 |
| Flounder | 0.7 | 1.3 | 14.0 | 84.6 |
| Mackerel | 11.7 | 1.1 | 18.8 | 69.0 |
| Salmon | 1.6 | 1.1 | 23.5 | 74.3 |