

Table 1 Some video-sample examples from the area of study

Month	Time	Area sampled	Link	
June	12'16"	Sandy bottom	<a href="https://youtu.be/4wXriV2x47s">https://youtu.be/4wXriV2x47s</a>	
		Central core HCAR	-	
		Inside central core HCAR	-	
		Individual HCAR	-	
		Water column	-	
			Sandy bottom	<a href="https://youtu.be/VYUEFr132yM">https://youtu.be/VYUEFr132yM</a>
	22"	Sandy bottom	<a href="https://youtu.be/4dLutScGRcc">https://youtu.be/4dLutScGRcc</a>	
	27"	Sandy bottom	<a href="https://youtu.be/Lo--qjNJ1n0">https://youtu.be/Lo--qjNJ1n0</a>	
	13"	Sampling technique	<a href="https://youtu.be/FGtBZDo-h6g">https://youtu.be/FGtBZDo-h6g</a>	
	20"	Individual HCAR	<a href="https://youtu.be/zGQGVstxUhM">https://youtu.be/zGQGVstxUhM</a>	
	21"	Inside indiv. HCAR	<a href="https://youtu.be/SpQVHUwfw5w">https://youtu.be/SpQVHUwfw5w</a>	
	14"	Individual AR	<a href="https://youtu.be/ekSr6FIVPtA">https://youtu.be/ekSr6FIVPtA</a>	
	10"	Inside indiv. HCAR	<a href="https://youtu.be/bpr4rvNuNbc">https://youtu.be/bpr4rvNuNbc</a>	
	45"	Individual HCAR and inside	<a href="https://youtu.be/7CBeKppocl4">https://youtu.be/7CBeKppocl4</a>	
	15"	Sandy bottom and indiv. HCAR	<a href="https://youtu.be/laOagxGYBhI">https://youtu.be/laOagxGYBhI</a>	
August	3"	Sandy bottom	<a href="https://youtu.be/1fvjQKQzg8k">https://youtu.be/1fvjQKQzg8k</a>	
	5"	Inside indiv. HCAR	<a href="https://youtu.be/oZj3e26jWgw">https://youtu.be/oZj3e26jWgw</a>	
	1'09"	Inside indiv. HCAR	<a href="https://youtu.be/dtvOKUxgFeY">https://youtu.be/dtvOKUxgFeY</a>	
	27"	Central core HCAR and	<a href="https://youtu.be/E0M4Lc2nK4E">https://youtu.be/E0M4Lc2nK4E</a>	
		Inside central core HCAR	-	
	11"	Individual HCAR	<a href="https://youtu.be/J8RIABV6vIE">https://youtu.be/J8RIABV6vIE</a>	
	42"	Inside central core HCAR	<a href="https://youtu.be/M9hkPp5qDe8">https://youtu.be/M9hkPp5qDe8</a>	
	1'12"	Central core HCAR and	<a href="https://youtu.be/mjXhBQjqUxg">https://youtu.be/mjXhBQjqUxg</a>	
		Inside central core HCAR	-	
	54"	Individual HCAR	<a href="https://youtu.be/ibIzrVsS2fY">https://youtu.be/ibIzrVsS2fY</a>	

Note: Items are month, duration of video samples, area of video recorded and online link for visualization