

Effects of Basil Leaf (*Ocimum gratissimum*) as Dietary Additives on Growth Performance and Production Economics of *Clarias gariepinus*

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Abstract Synthetic antibiotics have been widely used in fish culture systems as performance enhancers and controlling stress. These antibiotics are expensive and induce microbial resistance with consequent environmental effects. Phytogetic plants have potential as alternative antibiotics, but there is little information on their utilization in fish nutrition. Therefore the evaluation of Basil (*Ocimum gratissimum*) leaf meal on the growth response, nutrient utilization and production economics of *Clarias gariepinus*. In a 12 week feeding experiment, juveniles (n =20, weight:10.94±0.02 g) were used to assess the effect of different concentrations of *Ocimum gratissimum* at OGM1- OGM6; (0.00; 0.125; 0.25; 0.5; 0.10; 2.00%). A total of 120 fish were randomly allotted into treatments in triplicates, fed twice daily at 5% body weight in completely randomized design. Data for the growth and nutrient utilization parameters such as: Total weight gain (TWG), Total final weight (TFW); Mean weight Gain (MWG), specific growth rate (SGR), feed conversion ratio (FCR); and economic indices such as profit indices, (PI), were determined. Data were analysed using descriptive statistics and ANOVA at $\alpha_{0.05}$. The highest TWG and FWG (916.67 ±17.98 g; 698.83±17.54 g) was from the fish fed OGM2 diet and the least (137.92±2.97 g; -81.08±2.97 g) from fish fed OGM6 diet. While the highest MWG was from fish fed OG3 diet and the least was from OG6 diet. The fish fed OGM3 had the highest PI (5.72) and the least (1.53) was from fish fed OGM6 diet. Therefore adoption of *Ocimum gratissimum* meal diet at the established dosages of OGM2 and OGM3 in sustainable catfish production in Africa is being advocated based on its availability and profitability.

Keywords Aquaculture; Herbal medicine; Catfish; Growth promotant and dosages

1 Introduction

Nigeria has a varieties of medicinal herbs spread over the country due to favorable weather condition. All these herbs possess a number of chemical substances that facilitate their utilization in the treatment of poultry diseases, poultry nutrition and help in reduction of cost in poultry (Akhtar et al., 1984; Nworgu et al., 2013) and in fish (Adewole, 2014; Adewole, 2015). Additionally, most of these herbs have been known to have different arrays of secondary metabolites, which gives them the unique properties of being used for various: medicinal and pharmacological activities such as: antioxidant, antiparasitics and antimicrobial (Hamilton–Miller, 1995). Furthermore, continuous research into plant bioactive materials known as phytogetic which serves as good alternative to synthetic antibiotics which their utilization has led to the problem of microbial drug resistance and residue in tissues of food animals (Taylor et al., 2010). Therefore, the need for animal / fish nutritionists to look inward for alternative (Wei and Shibamoto, 2007; Adewole, 2014; Adewole, 2015). Such alternatives feed additives to synthetics are probiotics, prebiotics, organic acids, enzymes and phytogetics (Windisch et al., 2007; Ndelekwute et al., 2014; Adewole and Awosusi, 2015). Herbs (extracts and essential oils) fall into the class of phytogetic compounds, being presently explored for use as feed additives and growth enhancers (Windisch et al., 2007; Bello et al., 2012; Odoemelam et al., 2013). Some of these herbs are indigenous to Africa; they include garlic (*Allium sativum*), bitter leaf (*Vernonia amygdalina*) and scent leaf (*Ocimum gratissimum*) among others (Osuji et al., 1995).

Ocimum gratissimum also called basil leaf is an aromatic, herbaceous and perennial plant. Its vernacular name includes nchanwu, daidoya and effrin in Igbo, Hausa and Yoruba languages respectively in Nigeria (Epharim et al., 2000). It's popular among users due to its antimicrobial properties (Orafidiya et al., 2000). The objectives of this study are to evaluate the effect of graded levels or dosages of *Ocimum gratissimum* on growth performance, nutrient utilization and production economics of juvenile catfish in sustainable aquaculture development in Nigeria.

2 Materials and Methods

Study area

The study was conducted in the Department of Aquaculture and Fisheries Management Postgraduate's Teaching and Research Laboratory, University of Ibadan, Ibadan, Nigeria.

Collection, identification, preparation and processing of the plants materials

Identification of the plant material was done in the Department of Forestry and Renewable Resources, Faculty of Agriculture and Forestry Resources, University of Ibadan, Ibadan Nigeria. The collection, preparation, processing and preservation were done practically as reported by Igbakin and Oloyede (2008) and Ogbuwu et al. (2010).

Calculated dosages for basil leaf (*Ocimum gratissimum*)

There were several attempts to evaluate the pharmacological dosage of *O. gratissimum* in recent time as reported by Ojo et al. (2013) and Adedosu et al. (2012) with the dosage ranging from 100 – 400 mg/kg body weight. Also a higher dosage had been reported by Fandouhan et al. (2008) at 1500 mg/kg in Wistar rats. The dosage values of basil leaf (*Ocimum gratissimum*) used in this study was based on the extrapolated values of 0.5 g/kg in rats reported by (Ibironke and Ekpo, 1992). The final dosages ranged from 0.0125 – 2.0 g/100g body weight.

Formulation and preparation of experimental diets

The various ingredients used in compounding the diets were brought from Adom Feedmill and Veterinary Supply Shop at Orogun, and Bodija Market, Ibadan, Oyo State Nigeria. The experimental diets were formulated using algebraic method along with least cost formulae of Falayi (2003). The diets were prepared using the various calculated dosages to produce *Ocimum gratissimum* meal diets and coded as follows: OGM1 (control), OGM2, OGM3, OGM4, OGM5 and OGM6 diets respectively as shown in Table 1. The fish feed were prepared following the methods of Adewole and Awosusi (2015).

Table 1 Percentage composition of ingredients (g/100g diets) in *Ocimum gratissimum* meal diets for feeding trials

Ingredients	OGM1 (Control)	OGM2	OGM3	OGM4	OGM5	OGM6
Fishmeal	28.55	28.55	28.55	28.55	28.55	28.55
Soybean meal	20.93	20.93	20.93	20.93	20.93	20.93
Groundnut cake	20.71	20.71	20.71	20.71	20.71	20.71
Yellow maize	20.76	20.635	20.51	20.26	19.76	18.76
Vegetable oil	2.50	2.50	2.50	2.50	2.50	2.50
Vitamin/mineral premix	1.50	1.50	1.50	1.50	1.50	1.50
Cassava starch (binder)	1.50	1.50	1.50	1.50	1.50	1.50
Common salt	0.50	0.50	0.50	0.50	0.50	0.50
Bone meal	1.00	1.00	1.00	1.00	1.00	1.00
Carboxyl/methylcellulose	2.00	2.00	2.00	2.00	2.00	2.00
Chromic oxide	0.05	0.05	0.05	0.05	0.05	0.05
<i>Ocimum gratissimum</i>	0.00	0.125	0.25	0.50	1.00	2.00
Total	100	100	100	100	100	100
Calculated crude protein	40.00	40.00	40.00	40.00	40.00	40.00

Note: OGM = *Ocimum gratissimum* Meal

Stocking, feeding and sampling of experimental fish

A total of 120 fingerlings of *Clarias gariepinus* of mean weight of (10.94±0.01 g) were acclimatized for 21 days in holding tanks in the departmental laboratory. They were fed with commercial feed bought from Durantee feeds. After acclimatization, the fingerlings were randomly allocated into the experimental tanks in triplicates, using completely randomized design.

The fish were starved for 24 hours before the commencement of the feeding trial, and not fed on the weighing day as recommended (Kumar et al., 2010a). The fish were fed at 5% body weight, twice daily between 8.00 am and 19.00 pm for 12 weeks. The weight of the fingerling in each tank was measured using a Scout Pro Weighting balance SP x 402 of 400 g maximum loading and 0.01 g resolution (OHAUS Corp. Pine Brook, NJ, USA). The new weight attained was done through batch weighing to get the weight), while, five fingerlings were taken randomly from each tank at fortnight to measure the growth rates in terms of total length attained (The fish length measurement was taken using 1 m fish measuring board of 0.01 cm calibration). The fish were monitored for mortality daily.

Growth performance, nutrient utilization, production cost and economic evaluation of feeding trials of *Clarias gariepinus*

At the end of the culture period the rearing indices such as the growth rates: mean weight gain, specific growth rate, relative growth rate, and nutrient utilization parameters such as total feed intake, feed conversion ratio, protein intake, protein efficiency ratio, condition factor, and survival rate were computed and analyzed as reported by (Adewole and Awosusi, 2015; Adewole, 2015).

The growth was expressed as **Mean Weight Gain** (MWG) according to (Adewole, 2015)

$$(\text{MWG}) = \frac{W_1 - W_0}{n}$$

Where:

W_0 = initial mean weight

W_1 = final mean weight

n = number of experimental weeks

Specific Growth Rate (SGR) according to (Adewole and Awosusi, 2015)

$$\text{SGR} = \frac{(\text{Ln } W_1 - W_0) \times 100}{T}$$

Where:

Ln = Natural log

W_0 = initial mean weight

W_1 = final mean weight

T = time interval

Relative Growth Rate (RGR) according to (Ajayi et al., 2013)

$$\text{RGR} = \frac{\text{Weight gain by fish (g)}}{\text{Initial body weight (g)}} \times 100$$

Condition Factor (K) according to (Ajayi et al., 2013)

$$K = \frac{W \times 100}{L^3}$$

Where:

W = final weight

L = Final standard length

Feed Conversion Ratio (FCR) according to (Adewole and Awosusi, 2015)

$$\text{FCR} = \frac{\text{Dry weight of feed}}{\text{Fish weight gain}}$$

Total Feed Intake (TFI) according to (Oyelese, 2007)

TFI = Sum of the amount of feed fed the fish per week

$$\text{Protein Efficiency Ratio (PER)} = \frac{\text{Wet weight gain (g)}}{\text{Crude protein fed (g)}}$$

Protein Intake (PI) = Feed intake x % Protein in diet

$$\text{Survival Rate (S)\%} = \frac{N_1}{N_0} \times 100$$

Where:

N_1 = final number of fish at the end of experiment

N_0 = initial number of fish at the beginning of experiment

The production cost in Naira of the experimental diets were calculated following the method of Faturoti and Lawal (1986) and Mazid et al. (1997) based on the current market prices of the ingredients used for formulating the diets.

Statistical Analysis

Data collected were subjected to Analysis of Variance (ANOVA) at $\alpha_{0.05}$. Comparisons among treatment means were separated using Duncan's Multiple Range Test to determine the level of significance based on Statistical Analysis System (SAS, 2008).

3 Results and Discussion

The total final weight attained ranged from 137.92 ± 2.97 g to 916.67 ± 17.98 g. The highest total final weight value was from OGM2 diet, followed closely by 869.25 ± 7.99 g from OGM3 diet, while the lowest was from the fish fed OGM6 diet. The fish fed the OGM2 and OGM3 diets had significantly higher ($p < 0.05$) total final weight than fish fed OGM4 and OGM1 diets which were also significantly different ($p < 0.05$) from the fish fed OGM5 and OGM6 diets respectively (Table 2).

Mean weight gain ranged from -6.22 ± 0.24 g to 40.69 ± 0.49 g, with the highest value was from OGM3 diet and the lowest value was from fish fed OGM6 diets. The fish fed OGM2, OGM3, OGM4 diets had significantly higher ($p < 0.05$) mean weight gain than fish fed OGM1 diet, which was significantly different ($p < 0.05$) from the fish fed OGM5 and OGM6 diets respectively. Specific growth rate ranged from -0.24 ± 0.01 (%/day) to 0.71 ± 0.00 (%/day). The highest value was from fish fed OGM3 diet, while the lowest value was from fish fed OGM6 diet. The fish fed OGM2, OGM3, OGM4 diets had significantly higher ($p < 0.05$) specific growth rate than OGM1 diet, which was also significantly different ($p < 0.05$) from the fish fed OGM5, OGM6 diets respectively (Table 2).

Fish productivity index ranged from -35.87 ± 1.36 to 1876.42 ± 28.07 , the highest value is from fish fed OGM2 diet and the lowest value was from the fish fed OGM6 diet. The fish fed OGM2, OGM3, OGM4 diets had significantly higher ($p < 0.05$) fish productivity index than the fish fed OGM1 diet, which was significantly different ($p < 0.05$) from the fish fed OGM5, OGM6 diets respectively (Table 2). The final condition factor ranged from 0.48 ± 0.04 to 0.69 ± 0.03 . The highest final condition factor value was from the control OGM1 diet, followed closely by 0.67 ± 0.06 from OGM3 diet, while the lowest value was from OGM6 diet respectively. The fish fed the OGM1, OGM3 diets had significantly higher ($p < 0.05$) final condition factor than OGM2, OGM4 diets, which were significantly different from OGM5, OGM6 diets. The percentage survival ranged from 65.00% to 90.00%. The

highest value was jointly from OGM2 and OGM4 diets, while the lowest percentage survival was from fish fed OGM6 diet as shown in (Table 2).

Table 2 Growth performance of *Clarias gariepinus* fed *Occimum gratissimum* additive meal for 84 days

PARAMETERS	OGM1	OGM2	OGM3	OGM4	OGM5	OGM6
Initial total weight (g)	218.67±0.44	217.83±0.44	218.17±0.44	218.17±0.17	218.67±0.33	219.00±0.00
Mean initial weight (g/fish)	10.94±0.02	10.98±0.02	10.91±0.02	10.91±0.01	10.93±0.02	10.95±0.00
Total final weight (g)	601.57±1.23 ^d	916.67±17.98 ^a	869.25±7.99 ^b	765.92±1.95 ^c	152.42±4.51 ^e	137.92±2.97 ^e
Mean final weight (g/fish)	37.60±1.33 ^d	50.93±1.00 ^b	54.33±0.50 ^a	42.55±0.11 ^c	10.98±0.32 ^e	10.61±0.23 ^e
Total weight gain (g)	382.90±20.80 ^d	698.83±17.54 ^a	651.08±7.77 ^b	547.75±2.10 ^c	-66.58±4.51 ^e	-81.08±2.97 ^e
Mean weight gain (g/fish)	23.93±1.30 ^c	38.83±0.97 ^a	40.69±0.49 ^a	30.43±0.12 ^b	-4.76±0.32 ^d	-6.22±0.24 ^d
Specific growth rate (%)	0.52±0.02 ^b	0.70±0.05 ^a	0.71±0.00 ^a	0.65±0.00 ^a	-0.19±0.02 ^c	-0.24±0.01 ^c
Relative growth rate (%/fish)	175.07±9.18 ^d	320.78±7.41 ^a	298.43±3.32 ^b	251.07±1.14 ^c	-30.30±1.96 ^e	-37.02±1.36 ^e
Fish productivity Index	690.08±0.99	1876.42±28.07	1581.87±38.73	1437.50±80.36	-25.03±1.10	-35.87±1.49
Total feed intake	1701.18±27.69 ^c	2344.64±35.74 ^a	2146.26±52.05 ^b	1889.96±100.46 ^c	1203.89±5.49 ^e	1195.49±48.97 ^e
Total protein intake	707.35±11.51 ^c	940.70±12.22 ^a	930.70±12.22 ^a	782.06±41.57 ^a	492.03±15.60 ^e	489.18±20.02 ^e
Feed conversion ratio	4.44±0.07 ^c	3.35±0.09 ^c	3.30±6.08 ^c	3.45±0.18 ^c	18.08±0.57 ^a	14.74±0.60 ^b
Protein efficiency ratio	0.54±0.01 ^b	0.74±0.02 ^a	0.75±0.02 ^a	0.70±0.04 ^a	-0.13±0.00 ^c	-0.17±0.01 ^c
Initial condition factor	0.48±0.01 ^b	0.63±0.02 ^a	0.51±0.02 ^b	0.50±0.03 ^b	0.53±0.03 ^b	0.49±0.01 ^b
Final condition factor	0.69±0.03 ^{ab}	0.62±0.03 ^{bc}	0.67±0.06 ^a	0.61±0.04 ^{bc}	0.52±0.03 ^c	0.48±0.04 ^{bc}
Number cropped	16.00±0.00 ^b	18.00±0.00 ^a	16.00±0.00 ^b	18.00±0.00 ^a	14.00±0.00 ^c	13.00±0.00 ^d
Survival (%)	80.00±0.00 ^b	90.00±0.00 ^a	80.00±0.00 ^b	90.00±0.00 ^a	70.00±0.00 ^c	65.00±0.00 ^d
Number of dead fish	4	2	4	2	2	7

Note: Data mean values with different superscripts in each row are significantly different (P>0.05), while without data are insignificantly different P>0.05

Total feed intake ranged from 1701.18±27.69 g to 2344.01±35.74 g within the treatments, the highest value was from OGM3 diet and the lowest value was from the OGM6 diet. The fish fed the OGM2, OGM3 diets had significantly higher (p<0.05) total feed intake than the OGM4, OGM1 diets, which were significantly different from OGM5 and OGM6 diets. Total protein intakes ranged from 707.35±11.51 to 940.70±12.22 g within the treatments, and follow the same trend as total feed intake (Table 2). The feed conversion ratio values ranged from 4.44±0.07 to 18.08±0.57 across the treatments. The highest value was from the fish fed the OGM5 diet and the lowest was from OGM3 diet. The fish fed the OGM5 diet had significantly higher (p<0.05) feed conversion ratio than OGM6, which was significantly different from other diets (Table 2). Protein efficiency rate values ranged from -0.17±0.01 to 0.75±0.02 within the treatments. The highest value was from fish fed OGM3 diet and the lowest was from fish fed OGM6 diet. The fish fed OGM6, OGM5, OGM4 diets had significantly higher (p<0.05) protein efficiency rate than OGM3 which was significantly different from the OGM2 and OGM1 diets respectively (Table 2).

The result of the production cost of experimental diet of *Ocimum gratissimum* (OGM) meals (Table 3) showed that the highest profit index 5.72 was from OGM3 diet and the least 1.53 was from OGM6 diet. The highest net profit was 114.97 was from OGM2, followed closely by 94.46 from OGM3 and the least value of -273.86 was from OGM6 diet.

Table 3 Production Economics of *Ocimum gratissimum* meal experimental diet

Parameters	OGM1	OGM2	OGM3	OGM4	OGM5	OGM6
Cost of feeding (N)	65.67	89.28	86.63	76.34	48.28	49.72
Cost of fingerling (N)	300	300	300	300	300	300

Expenditure (N)	365.67	389.20	383.63	376.34	348.28	349.72
Value of fish (N)	330.80	504.17	478.09	421.26	83.83	75.86
Incidence of cost	2.35	2.23	1.93	2.41	120.7	146.24
Profit index	5.04	5.65	5.72	5.52	1.74	1.53
Net profit	-34.81	114.97	94.46	44.92	-264.45	-273.86
Benefit Cost Ratio (BCR)	0.905	1.30	1.25	1.12	0.24	0.22

Note: Mean are values of three replicates, N = Naira

4 Discussions

The fact that weight gain was not reported in all the treatments was an indication that the fish did not responded positively and effectively to all the diets. The higher inclusions of the diet \geq OGM5 had gross consequence on the growth and energy supply of *Clarias gariepinus*. This is contrary to the reported adequate provision for growth and dietary energy supply of catfish (Fagbenro and Arowosoge, 1991). Furthermore, it also implies that the experimental diets contained anti – growth factors or that *Clarias gariepinus* was highly sensitive to the active components of the plants at higher inclusions.

The chemical composition of the essential of *O. gratissimum* can change accordingly with geographical distribution and daytime of collection. Vincenzi et al. (2000) reported that estragole a naturally occurring genotoxic carcinogen in experimental animals after chronic exposure or after a few repeated doses can be present in *O. gratissimum*. The reduced total final weight gain, mean weight gain, protein efficiency ratio, feed conversion ratio and specific growth rate, relative growth rate in tested *C. gariepinus* at \geq OGM5 might not be unconnected with the presence of this carcinogenic estragole in the *O. gratissimum* used in the present study. Although the chemical components of the herb *O. gratissimum* was not determined to sanctify its usage in phytomedicines.

Furthermore, the reduction in live body weight of *C. gariepinus* beyond \geq OGM5 were similar to Ogbuewu et al. (2010) who reported similar reduction in the live weight of rabbit beyond 5% neem leaf meal (NLM) diet, which implied a reduction in growth rate. It appears that these neem bioactive compounds are responsible for depression in nutrient utilization and growth in rabbits. Similarly, the leaves of *O. gratissimum* have been reported to contain saponins. The effects of saponins might have contributed to the clinical signs of loss of appetite (as deduced by reduction in feed intake) and loss of weight observed in all rabbits administered *O. gratissimum* extract Ephraim et al. (2000).

Saponins are known to be toxic to body systems (Watt and Breyer-Brandwriek, 1962; Edeoga et al., 2006). Opdyke (1974) further reported that it is likely that the toxic potential of the *O. gratissimum* oil is due to thymol, which is the major component with a P.O. LD of 3.75-5.67 g/kg weight body weight. The feed intake, mean feed intake, total protein intake and mean protein intake varied significantly within the group of fish fed OGM's diet when compared with the control. There were reduction in all these parameters in fish fed \geq OGM5 diets; this might be due to higher concentration of saponin at the higher inclusion levels, as observed by Ephraim et al. (2000).

The higher voluntary feed intake at \geq OGM5 in the *C. gariepinus* were also similar to the reported increase in the total quantities of tested neem leaf meal consumed by rabbit, which increased with the increasing concentration of the neem leaf (T1 (0.0g), T2 (234.98 g) T3 (665.06 g) and T4 (1237.60 g)) respectively, but with attendant reduction in body weight as the concentration of neem leaf meal increased.

The feed striking time and feed acceptability indices may not be significantly different ($p>0.05$) at the end of feeding trial in both the fish fed OGM's tested group and the control diet, however, the numerical variation observed for these parameters could be due to the varying levels of *O. gratissimum* leaf in the diets affecting the palatability. The voluntary feed intake which is a function of acceptability, palatability and utilization (Mc Donald

et al., 1998), also showed significant difference ($p > 0.05$) within the treatments which inferred that the inclusion of OGM's do negate the response of the fish to the diet.

This result is contrary to the report of Eyo and Ezechie (2004) when they feed "*Heteroclaris*" fingerlings with rubber feed meals. They reported that acceptability and striking time of the experimental diets by the fish were better in the control diet compared to those with rubber seed. Gwiazda et al. (1983) had reported that feed deterrent, depressant reduced palatability and acceptability index. The findings from the present study implies that acceptability index is not better in the experimental diets than the control, but voluntary intake, nutritional efficiency, feed utilization were similar to the observation of Devakumar and Dev (1993). The feed conversion ratio from OGM1-OGM4 indicates better utilization by the *C. gariepinus* and is within the range of 2.56 - 6.5 reported by Adewole (2015), but for the \geq OGM5 diets, it indicates poor utilization of these diets. The increasing percentage mortality as the concentration increases or \geq OGM5 diets showed in this present study is in agreement with Devakumar and Dev (1993), which reported as high as 50% mortality in livestock fed neem cake. The highest percentage mortality was observed from the fish fed OGM6 diet. This may be due to the presence of antinutritional and highly toxic compounds such as saponins, thymol, tannins, glycosides and alkaloids that are known to be toxic to body system Ojo et al. (2013). Furthermore, the observed mortality in *C. gariepinus* fed \geq OGM5 diets may be due to the influence of these bioactive components of *O. gratissimum* interfering with protein metabolism at higher concentrations as reported by Iweala and Obidoa (2010) that the consumption of *O. gratissimum* significantly reduced the serum protein in rats. The quantification of these bioactive substances in *O. gratissimum* and their pharmacological impacts were evaluated in the present study. Effraim et al. (2000) reported that *O. gratissimum* extract contain flavonoids, while Nyahangare et al. (2012) observed that ordinarily, these flavonoids are ubiquitous in plants are not toxic. However, their occurrence in plant at such high levels coupled with other bioactive compounds and high doses may enhance the apparent toxicity of *O. gratissimum* in the present study as reflected in reduced feed intake and higher mortality experienced in *C. gariepinus* fed \geq OGM5 diets compared to the other diets, with increased feed intake and reduced mortality. The above submission is similar to Ojo et al. (2013) that indicated the toxic effect of *O. gratissimum* leave extracts at 4 $\mu\text{g}/\text{kg}$ may be due to combined toxicity of the phyto - chemical constituents from the leaves of *O. gratissimum*. The mortality observed in the control and OGM2-OGM4 diets may be attributed to the handling stress during the culture period. Contrarily, Iweala and Obidoa (2010) reported the positive influence of *O. gratissimum* on the weight of Swiss albino rat fed 5% of ground leaves of *O. gratissimum* for 6 months compared to the control.

It was observed that *Ocimum gratissimum* supplemented diet resulted in increased weight gain in the animals which was attributed to the nutrient composition of leaves of *O. gratissimum*. These elaborate nutrients that can increase weight includes: carbohydrates, lipids, protein, minerals and vitamins (Edeoga et al., 2006). While Oladunmoye (2006), reported that *O. gratissimum* serve as immune booster by increasing the weights of both rats infected with *Escherichia coli* and treated with ethanolic extract of *O. gratissimum* and rats given *O. gratissimum* alone. The author conclusively recommended that low concentration or regular intake of the plant extract is able to cure *E.coli* infection and increase the weight too. Therefore the results obtained for *C. gariepinus* fed OGM2-OGM4 diets were similar to Vincenzi et al. (2000), Iweala and Obidoa (2010) and Oladunmoye (2006).

Economic evaluation of feeding *C. gariepinus* fingerlings on *Ocimum gratissimum* diets, indicated that the lower inclusion levels (OGM2-OGM4) had the cost of production and benefit cost positively favoring their utilization, since these values are greater (>1.0), while the upper inclusions (OGM5-OGM6) had cost benefit ratio of less than (<1.0) and also lower than the control. This result obtained here similar to the reported profitability of Roselle and Bitter leaf evaluated for the same fish Adewole (2014); Adewole (2015) respectively. Furthermore, these observations may be due to fact that the herbs being used as spices, could be better tolerated at lower inclusion levels, because spices or additives have some chemical compounds that may be harmful to animal (fish) especially if used in excess of recommendation Odo (2007). The result from this finding revealed significantly better total final weight, mean final weight, and better feed intake at the lower inclusion levels, suggesting more

flesh or muscle production and higher income to the farmers. The result obtained also support the verdict of Crampton (1985) that reduced feeding and good conversion efficiencies positively affected the profitability of an intensive aquaculture system. The best cost benefit ratio was observed in OGM2 diet with the highest total feed intake and total final weight gain. Therefore, the inclusion of basil leaf at 0.125% is recommended for the sustainable production of catfish in Nigeria / Africa, while at higher dosage of 1% and above it could indicate toxic effects.

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